

Cytotoxic constituents of *Cymbidium tracyanum* L.Castle

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ABSTRACT

Three phenanthrene derivatives, cymbisamoquinone (**1**), calanquinone B (**6**), and 3,7-dihydroxy-2,4,6-trimethoxyphenanthrene (**2**), and two bibenzyls, tristin (**3**) and grantol (**4**), together with the lignan (+)-pinoresinol (**5**), were isolated from the whole plants of *Cymbidium tracyanum* L.Castle (Orchidaceae). Their structures were determined through spectroscopic analysis as well as a comparison of the spectral data with literature values. The phytochemical constituents of this plant have been reported for the first time. All isolated compounds were evaluated for *in vitro* cytotoxic activity against human colon (Caco-2) and breast (MCF-7) cancer cell lines, doxorubicin-resistant (MCF-7/DOX) and mitoxantrone-resistant (MCF-7/MX) MCF-7 sublines, together with normal human fibroblast (NIH/3T3) cell line. Among the isolated compounds, **1** exhibited the strongest and relatively selective activity on MCF-7/DOX cells. The results obtained from molecular docking study suggested that the cytotoxicity of **1** on MCF-7/DOX cells was possibly due to induction of apoptosis via suppression of the cell survival systems mediated by the mitogen-activated protein kinases and protein kinase B/glycogen synthase kinase-3 β /nuclear factor erythroid 2-related factor 2 signaling pathways.

INTRODUCTION

The genus *Cymbidium* (Orchidaceae) comprises about 80 species of epiphytic, lithophytic, and terrestrial herbs which are widely distributed from tropical and subtropical Asia to northern Australia [1,2]. A variety of these orchids are cultivated as ornamentals, particularly *Cymbidium* hybrids. The roots, leaves, seeds, or whole plants of several species are employed in herbal medicine while the flowers in cosmetics and certain plant parts, such as flower buds and pseudobulbs, as food in some countries [3]. Phytochemical studies on *Cymbidium* plants revealed that their major constituents were derivatives of bibenzyls and phenanthrenes [4–14]. These groups of compounds are structurally and biosynthetically related; their derivatives

are mainly found in Orchidaceae, being a characteristic of the family. Various biological activities of these metabolites isolated from orchids have been reported, including cytotoxic, antimicrobial, anti-allergic, anti-inflammatory, and anti-platelet activities [4–10,15–17]. Among these activities, one that has been most extensively studied for bibenzyl/phenanthrene derivatives is cytotoxic activity, and several of them have been found to possess promising effects [15,16,18]. Compounds of interest include 9,10-dihydrophenanthrenes and 3-methoxy-1,4-phenanthrenequinones [15,16]. Previous studies indicated the presence of such structural types in different members of *Cymbidium* [4–13].

Based on chemotaxonomic data, the genus *Cymbidium* is a potential source of bibenzyl/phenanthrene derivatives with interesting cytotoxic activity. However, relatively few species of the genus have been phytochemically investigated. *Cymbidium tracyanum* L.Castle is one of *Cymbidium* species with no previous report on phytoconstituents. It is a large-sized orchid with strongly fragrant flowers, found distributed in China, Myanmar, Thailand, and Vietnam [2]. The objective of this study is to reveal the chemical constituents of this

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plant, especially dibenzyl/phenanthrene derivatives, together with their cytotoxic activity, providing additional information on this group of compounds which may contribute to further research for anticancer drug development. Six constituents of *C. tracyanum* L.Castle are reported herein; their chemical structures are shown in Figure 1.

MATERIALS AND METHODS

General experimental procedures

Nuclear Magnetic Resonance ($^1\text{H-NMR}$, $^{13}\text{C-NMR}$, and 2D-NMR) spectra were recorded on a Bruker Avance Neo 400 MHz NMR spectrometer (Billerica, MA, USA). High-resolution electrospray mass spectra (HR-ESI-MS) were obtained on a Bruker microTOF mass spectrometer. Thin-layer chromatography was performed on precoated silica gel 60 F₂₅₄ plates (Merck, KGaA, Darmstadt, Germany). Column chromatography was carried out using either silica gel 60 (230–400 mesh, Merck) or Sephadex LH-20 (Pharmacia Biotech AB, Uppsala, Sweden).

Plant materials

The whole plants of *C. tracyanum* L.Castle were collected from an orchid farm in San Pa Tong, Chiang Mai, Thailand (18370 51°N 98530 43°E), in August 2020. The plant was identified by Associate professor Rutt Suttisri (Department of Pharmacognosy and Pharmaceutical Botany, Faculty of Pharmaceutical Sciences, Chulalongkorn University). A voucher specimen (RS17021) has been deposited at the Herbarium of the Faculty of Pharmaceutical Sciences, Chulalongkorn University, Bangkok, Thailand.

Extraction and isolation

The fresh whole plants (5.2 kg) of *C. tracyanum* L.Castle were cut into small pieces and dried in a hot-air oven at 50°C. The dried plant material (2.5 kg) was macerated with 95% MeOH (3 × 5 l) at room temperature. The combined extract was evaporated under reduced pressure to yield 64 g of crude MeOH extract which was then dispersed in water and partitioned with EtOAc (3 × 1 l). The obtained EtOAc extract (30 g) was separated on a silica gel column, eluted with a gradient mixture of *n*-hexane/EtOAc (7:3 to 0:1), into five fractions (A–E). Fraction B (7.5 g) was fractionated on a silica gel column, eluted with *n*-hexane/EtOAc (7:3), into four subfractions (B1–B4). Separation of subfraction B3 (31 mg) on a Sephadex LH-20 column, eluted with MeOH, gave compound **1** (1 mg) and three subfractions (B3/2–B3/4). Further separation of subfraction B3/2 (12 mg) on a Sephadex LH-20 column, eluted with MeOH, afforded compound **2** (3 mg). Fraction C (1.1 g) was fractionated on a silica gel column, eluted with *n*-hexane/EtOAc (7:3), into three subfractions (C1–C3). Separation of subfraction C2 (0.7 g) on a Sephadex LH-20 column, eluted with MeOH, gave three subfractions (C2/1–C2/3). Further separation of subfraction C2/2 (0.3 g) on a Sephadex LH-20 column, eluted with MeOH, afforded compound **3** (38 mg). Fraction D (0.9 g) was fractionated on a silica gel column, eluted with a gradient mixture of CH₂Cl₂/acetone (9:1 to 0:1), into three subfractions (D1–D3). Separation of subfraction D1 (0.3 g) on a silica gel column, eluted with CH₂Cl₂, afforded compound **4** (1 mg), and that of D2 (0.4 g) on

a silica gel column, eluted with a gradient mixture of CH₂Cl₂/acetone (9:2 to 0:1), afforded compounds **5** (4 mg) and **6** (4 mg).

Cymbisamoquinone (1): red amorphous powder, positive HR-ESI-MS m/z 285.0765 [$\text{M} + \text{H}$]⁺ (calcd for C₁₆H₁₃O₅, 285.0763). $^1\text{H-NMR}$ (400 MHz, CDCl₃) δ_{H} ppm: 7.96 (1H, *d*, $J = 8.4$ Hz, H-10), 7.90 (1H, *d*, $J = 8.4$ Hz, H-9), 7.08 (1H, *d*, $J = 10.2$ Hz, H-3), 7.00 (1H, *s*, H-8), 6.84 (1H, *d*, $J = 10.2$ Hz, H-2), 6.22 (1H, *br s*, 6-OH), 4.07 (3H, *s*, 7-OCH₃), and 3.92 (3H, *s*, 5-OCH₃). $^{13}\text{C-NMR}$ (100 MHz, CDCl₃) δ_{C} ppm: 186.2 (C-4), 185.1 (C-1), 150.5 (C-7), 142.0 (C-5), 140.8 (C-6), 140.4 (C-3), 135.3 (C-2), 132.4 (C-8a), 132.3 (C-9), 131.7 (C-4a), 131.2 (C-10a), 120.3 (C-10), 119.5 (C-4b), 102.5 (C-8), 60.5 (5-OCH₃), and 56.3 (7-OCH₃). $^1\text{H-NMR}$ (400 MHz, acetone-*d*₆) δ_{H} ppm: 8.45 (1H, *br s*, 6-OH), 8.04 (1H, *d*, $J = 8.4$ Hz, H-9), 7.85 (1H, *d*, $J = 8.4$ Hz, H-10), 7.29 (1H, *s*, H-8), 7.14 (1H, *d*, $J = 10.2$ Hz, H-3), 6.86 (1H, *d*, $J = 10.2$ Hz, H-2), 4.06 (3H, *s*, 7-OCH₃), and 3.95 (3H, *s*, 5-OCH₃). $^{13}\text{C-NMR}$ (100 MHz, acetone-*d*₆) δ_{C} ppm: 187.1 (C-4), 185.5 (C-1), 152.7 (C-7), 143.5 (C-5), 142.5 (C-6), 141.5 (C-3), 136.1 (C-2), 133.2 (C-8a), 133.2 (C-4a), 132.9 (C-9), 131.8 (C-10a), 121.0 (C-4b), 120.2 (C-10), 103.4 (C-8), 60.4 (5-OCH₃), and 56.7 (7-OCH₃).

3,7-Dihydroxy-2,4,6-trimethoxyphenanthrene (2):

brown amorphous powder, positive HR-ESI-MS m/z 323.0893 [$\text{M} + \text{Na}$]⁺ (calcd for C₁₇H₁₆O₅Na, 323.0895). $^1\text{H-NMR}$ (400 MHz, CDCl₃) δ_{H} ppm: 8.99 (1H, *s*, H-5), 7.48 (2H, *s*, H-9/H-10), 7.23 (1H, *s*, H-8), 7.06 (1H, *s*, H-1), 6.00* (1H, *br s*, 7-OH), 5.97* (1H, *br s*, 3-OH), 4.08 (3H, *s*, 6-OCH₃), 4.04 (3H, *s*, 2-OCH₃), and 3.97 (3H, *s*, 4-OCH₃) *interchangeable. $^{13}\text{C-NMR}$ (100 MHz, CDCl₃) δ_{C} ppm: 146.6 (C-2/C-6), 144.7 (C-7), 143.5 (C-4), 138.7 (C-3), 127.9 (C-8a), 126.2 (C-10a), 125.0 (C-10), 124.8 (C-9), 123.4 (C-4b), 118.6 (C-4a), 111.0 (C-8), 106.7 (C-5), 104.7 (C-1), 60.0 (4-OCH₃), 56.0 (2-OCH₃), and 55.9 (6-OCH₃).

Tristin (3):

brown amorphous powder, positive HR-ESI-MS m/z 283.0946 [$\text{M} + \text{Na}$]⁺ (calcd for C₁₅H₁₆O₄Na, 283.0946). $^1\text{H-NMR}$ (400 MHz, CDCl₃) δ_{H} ppm: 6.83 (1H, *d*, $J = 8.0$ Hz, H-5), 6.67 (1H, *dd*, $J = 8.0, 1.8$ Hz, H-6), 6.61 (1H, *d*, $J = 1.8$ Hz, H-2), 6.22 (2H, *d*, $J = 2.1$ Hz, H-2'/H-6'), 6.19 (1H, *t*, $J = 2.1$ Hz, H-4'), 5.48 (1H, *br s*, 4-OH), 4.86 (2H, *br s*, 3'-OH/5'-OH), 3.84 (3H, *s*, 3-OCH₃), and 2.80 (4H, *m*, H- α /H- β). $^{13}\text{C-NMR}$ (100 MHz, CDCl₃) δ_{C} ppm: 156.7 (C-3'/C-5'), 146.3 (C-3), 144.9 (C-1'), 143.8 (C-4), 133.5 (C-1), 121.0 (C-6), 114.2 (C-5), 111.1 (C-2), 108.2 (C-2'/C-6'), 100.4 (C-4'), 55.9 (3-OCH₃), 38.1 (C- β), and 37.2 (C- α).

Gigantol (4):

brown amorphous powder, positive HR-ESI-MS m/z 275.1284 [$\text{M} + \text{H}$]⁺ (calcd for C₁₆H₁₉O₄, 275.1283). $^1\text{H-NMR}$ (400 MHz, CDCl₃) δ_{H} ppm: 6.82 (1H, *d*, $J = 8.0$ Hz, H-5), 6.68 (1H, *dd*, $J = 8.0, 2.0$ Hz, H-6), 6.62 (1H, *d*, $J = 2.0$ Hz, H-2), 6.35 (1H, *t*, $J = 1.4$ Hz, H-4'), 6.24 (2H, *t*, $J = 1.4$ Hz, H-2'/H-6'), 5.47* (1H, *br s*, 4-OH), 4.80* (1H, *br s*, 3'-OH), 3.84 (3H, *s*, 3-OCH₃), 3.75 (3H, *s*, 5'-OCH₃), and 2.82 (4H, *m*, H- α /H- β) *interchangeable.

(+)-Pinoresinol (5):

brown amorphous powder, positive HR-ESI-MS m/z 357.1433 [$\text{M} + \text{H}$]⁺ (calcd for C₂₀H₂₁O₆, 357.1338). $^1\text{H-NMR}$ (400 MHz, CDCl₃) δ_{H} ppm: 6.90 (2H, *d*, $J = 1.6$ Hz, H-2/H-2'), 6.86 (2H, *d*, $J = 7.4$ Hz, H-5/H-5'), 6.82 (2H, *dd*, $J = 7.4, 1.6$ Hz, H-6/H-6'), 5.59 (2H, *br s*, 4-OH/4'-OH), 4.74 (2H, *d*, $J = 4.4$ Hz, H-7/H-7'), 4.24 (2H,

m, H-9a/H-9'a), 3.90 (6H, *s*, 3-OCH₃/3'-OCH₃), 3.88 (2H, *m*, H-9b/H-9'b), and 3.10 (2H, *m*, H-8/H-8'). ¹³C-NMR (100 MHz, CDCl₃), δ_C ppm: 146.7 (C-3/C-3'), 145.2 (C-4/C-4'), 132.9 (C-1/C-1'), 119.0 (C-6/C-6'), 114.2 (C-5/C-5'), 108.6 (C-2/C-2'), 85.9 (C-7/C-7'), 71.7 (C-9/C-9'), 55.6 (3-OCH₃/3'-OCH₃), and 54.2 (C-8/C-8').

Calanquinone B (6): red amorphous powder, positive HR-ESI-MS *m/z* 315.0866 [M + H]⁺ (calcd for C₁₇H₁₅O₆, 315.0869). ¹H-NMR (400 MHz, CDCl₃) δ_H ppm: 7.97 (1H, *d*, *J* = 8.4 Hz, H-10), 7.90 (1H, *d*, *J* = 8.4 Hz, H-9), 6.99 (1H, *s*, H-8), 6.21 (1H, *br s*, 6-OH), 6.04 (1H, *s*, H-2), 4.07 (3H, *s*, 7-OCH₃), 3.98 (3H, *s*, 5-OCH₃), and 3.95 (3H, *s*, 3-OCH₃). ¹³C-NMR (100 MHz, CDCl₃), δ_C ppm: 184.9 (C-1), 181.4 (C-4), 162.9 (C-3), 150.2 (C-7), 141.9 (C-5), 140.8 (C-6), 132.8 (C-9), 132.0 (C-8a), 131.7 (C-10), 130.6 (C-4a), 120.2 (C-10), 119.8 (C-4b), 106.4 (C-2), 102.4 (C-8), 60.4 (7-OCH₃), 56.6 (3-OCH₃), and 56.4 (5-OCH₃).

Cytotoxicity assay

Human colon cancer (Caco-2), breast cancer (MCF-7), and normal fibroblast (NIH/3T3) cell lines were obtained from the American Type Culture Collection (ATCC, Rockville, MD). Doxorubicin-resistant (MCF-7/DOX) and mitoxantrone-resistant (MCF-7/MX) MCF-7 sublines were developed from the MCF-7 cell line, following the methods described in previous studies [19,20]. Cytotoxic activities of the isolated compounds against these cells were evaluated by 3-(4,5-dimethylthiazolyl)-2,5-diphenyltetrazolium bromide (MTT) assay, using doxorubicin and mitoxantrone as positive controls. The cells were seeded onto 96-well microplates at the density of 5 × 10³ cells/well and cultured for 24 hours. Then, they were incubated with different concentrations of the tested compounds at 37 °C for 72 hours. After treatment, the cells were washed and further incubated in a serum-free medium containing 0.83 mg/ml MTT solution for 3 hours. The formazan crystals in these cells were dissolved with dimethyl sulfoxide and the absorbance was measured at 570 nm with a microplate reader [21]. IC₅₀ values were determined from the dose-response curves based on three independent experiments (*N* = 3), each of which was performed in triplicate (*n* = 3). The selectivity index (SI) was calculated as the ratio of the IC₅₀ value for the normal cells (NIH/3T3) to that for the cancer cells.

Molecular docking study

The 3-D structure of compound **1** was drawn by using Chem3D version 16.0 (PerkinElmer, Waltham, MA). The protein data bank (PDB) files of macromolecules including mitogen-activated proteins [MAPKs; ERK-2 (4QTA), JNK (1PMN), and p-38 (5MI5)], protein kinase B/glycogen synthase kinase-3β/nuclear factor erythroid 2-related factor 2 (Akt/GSK-3β/Nrf-2) [Akt (3O96)/GSK-3β (5K5N)/Nrf-2 (4IQK)] and detoxification proteins [hemoxygenase-1:HO-1 (3HOK) and NAD(P)H quinone dehydrogenase 1:NQO-1 (2F1O)] were downloaded from RCSB protein data bank. The respective files were selected based on the homology with human homologous proteins. These PDB files, representing protein structures similar to those of humans, were used to validate and evaluate the mechanism of small molecule inhibitors in published studies. The docking of the ligand for the protein structure was

evaluated in PDBQT (Protein Data Bank, Partial Charge (Q), & Atom Type (T)) files by using AutoDoc Suite 4.2.6 (TSRI, La Jolla, CA). The dimensions of a grid box, set for the target site of proteins were 60 Å × 60 Å × 60 Å. The lowest binding energy (ΔG) and inhibition constant (K_i) were observed. The protein-ligand interactions were visualized in 2-D and 3-D by using Discovery Studio 2021 Client (BIOVIA, San Diego, CA).

All target proteins were prepared for docking by removal of the co-crystallized ligand and additional water molecules; hydrogen ions and gasteiger charges were then added. Redocking of the ligand (**1**) into the binding pocket, where the co-crystallized ligand was removed, was performed 10 times for each of the target proteins. The best-docked poses were selected and further analyzed by calculating the cluster room mean square deviation (RMSD) value in docking log file. In our experiments, the first range cluster RMSD values for all the protein-ligand complexes were demonstrated to equal zero, suggesting good docking results, as the values were less than 2.0 Å [22].

RESULTS AND DISCUSSION

Compound **1** was obtained as a red amorphous powder. The compound gave the [M+H]⁺ ion peak at *m/z* 285.0765 (calculated for C₁₆H₁₃O₅, 285.0763) in the HR-ESI-MS, corresponding to the molecular formula of C₁₆H₁₂O₅. Its ¹H-NMR spectrum exhibited two pairs of doublets corresponding to two sets of *ortho*-coupled protons; one appeared at δ_H 7.96 (1H, *d*, *J* = 8.4 Hz, H-10) and 7.90 (1H, *d*, *J* = 8.4 Hz, H-9), and the other at δ_H 7.08 (1H, *d*, *J* = 10.2 Hz, H-3) and 6.84 (1H, *d*, *J* = 10.2 Hz, H-2). The rest of signals were all observed as singlets, including one olefinic singlet at δ_H 7.00 (1H, *s*, H-8), one hydroxy singlet at δ_H 6.22 (1H, *br s*, 6-OH), and two methoxy singlets at δ_H 4.07 (3H, *s*, 7-OCH₃) and 3.92 (3H, *s*, 5-OCH₃). In ¹³C-NMR spectrum, the two most downfield signals at δ_C 186.2 and 185.1 were indicative of two carbonyl groups, and two signals at δ_C 60.5 and 56.3 supported the presence of two methoxy groups. In addition, twelve signals for five methylene and seven methine carbons were observed in the region of 100.0–155.0 ppm. The above information suggested the structure of a trisubstituted 1,4-phenanthrenequinone with one hydroxy and two methoxy groups. In the HMBC (Heteronuclear Multiple Bond Correlation) spectrum (Fig. 2), correlations between the hydroxy group (δ_H 6.22) and both carbons corresponding to the methoxy groups (δ_C 142.0 and δ_C 150.5) were observed, indicating that the three substituents were located at adjacent positions with the hydroxy group being placed in the middle. Hence, the substitutions might be at positions 5, 6, and 7 or 6, 7, and 8 of the phenanthrenequinone structure. The only uncoupled aromatic proton was indicated to be H-8, rather than H-5, by HMBC spectrum which displayed the correlations of this proton (δ_H 7.00, *s*, H-8) with a carbon corresponding to one of *ortho*-coupled protons (δ_C 132.3, C-9) and with two carbons corresponding to the hydroxy group (δ_C 140.8, C-6) and to one of the methoxy groups (δ_C 150.5, C-7). The uncoupled proton H-8 also showed a correlation with this methoxy group (δ_H 4.07, *s*, 7-OCH₃) in the NOESY (Nuclear Overhauser Effect Spectroscopy) spectrum (Fig. 2) while its correlation with the hydroxy group was not observed. Therefore, the three substituents of **1** were assigned to be 5-OCH₃, 6-OH, and 7-OCH₃.

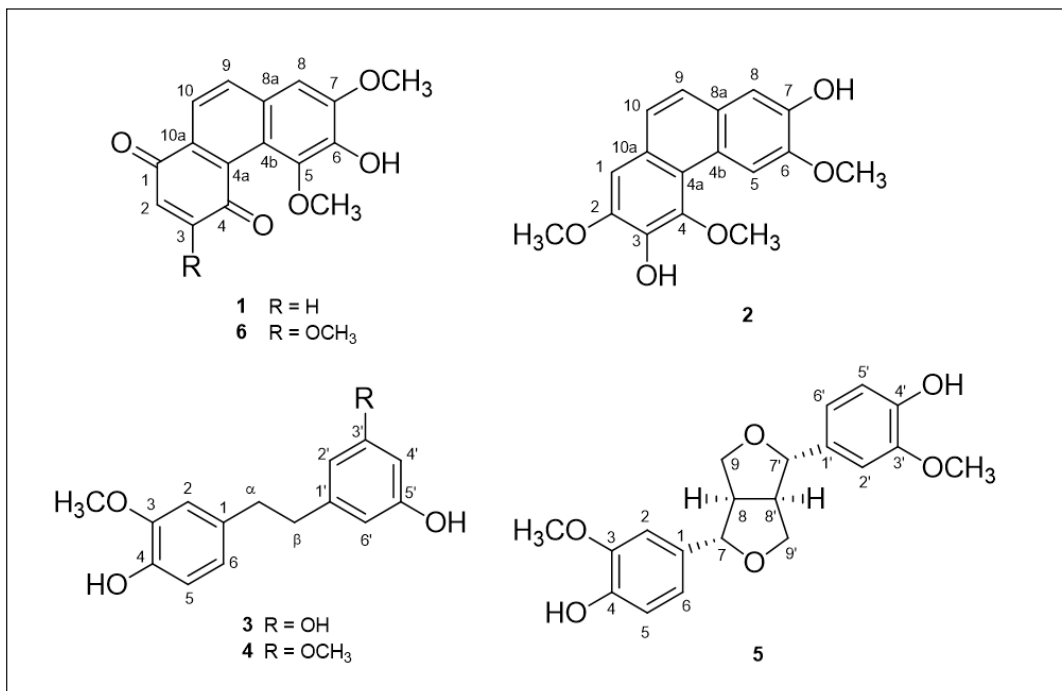


Figure 1. Chemical structures of 1-6.

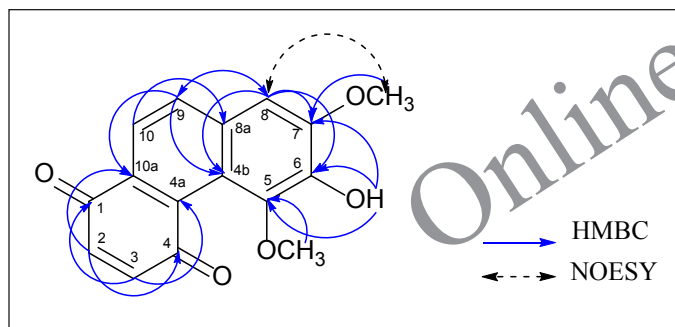


Figure 2. Key HMBC and NOESY correlations of 1.

The NMR spectra of **1** were also measured in acetone-*d*₆, and the resulting NMR data mostly conformed to those obtained in CDCl₃. Some differences in the ¹H-NMR spectra were notable; these concerned the relative chemical shifts observed for H-9 and H-10, and for H-3 and H-8. In CDCl₃ the more downfield signals corresponded to H-10 (H-10, δ_H 7.96; H-9, δ_H 7.90) and H-3 (H-3, δ_H 7.08; H-8, δ_H 7.00) while in acetone-*d*₆ to H-9 (H-9, δ_H 8.04; H-10, δ_H 7.85) and H-8 (H-8, δ_H 7.29; H-3, δ_H 7.14). In addition, the proton signal of the hydroxy group at C-6 in the two solvents was observed at significantly different chemical shifts (δ_H 6.22 in CDCl₃ and δ_H 8.45 in acetone-*d*₆).

Owing to all the above information, **1** was identified to be cymbisamoquinone (6-hydroxy-5,7-dimethoxy-1,4-phenanthrenequinone) [4]. This phenanthrenequinone was previously isolated from *Cymbidium* plant material; the plant source referred to four different hybrids of *Cymbidium* plants,

the scientific names of which were not given [4]. No other plant was reported as a source of this compound, and the information on its identity has not been available in the SciFinder database yet. The isolation of **1** from *C. tracyanum* provided the first evidence for a species-defined and wild-type source of cymbisamoquinone.

Compounds **2–6** were identified to be 3,7-dihydroxy-2,4,6-trimethoxyphenanthrene [23], tristin [24], gigantol [25], (+)-pinoesinol [26], and calanquinone B [27], respectively. All the compounds have been previously found in other plants of the Orchidaceae family [15,16,23–25,27,28].

The results obtained from the cytotoxicity assay are shown in Table 1. Compounds **2–5** did not exert any significant cytotoxic effects on the cancer cells. Furthermore, their IC₅₀ values for the normal cell (NIH/3T3) were higher than or very close to those for the cancer cells, indicating their undesirable effects. The compounds showing considerable activity seemed to be the phenanthrenequinones **1** and **6**. Among the isolated compounds, **6** exhibited the strongest and most distinguishable cytotoxic activities on all the tested cells except for MCF-7/DOX cells. Although the compound exerted less potential in killing the cancer cell lines (IC₅₀ 11.34 to 45.33 μM) compared to the normal cell line (IC₅₀ 2.15 μM), it still demonstrated higher potency than doxorubicin on MCF-7/DOX cells (IC₅₀ 11.34 and 19.02 μM for **6** and doxorubicin, respectively). On the other hand, despite no significant cytotoxic activity against almost all the tested cells, **1** demonstrated a noticeable effect against MCF-7/DOX cells. The potency of **1** on these cells (IC₅₀ 8.64 μM) was higher than that of the other tested compounds (IC₅₀ 11.34 to 70.42 μM), except for mitoxantrone (IC₅₀ 0.61 μM). In addition, its activity was relatively selective, being significantly greater than that on the normal cells (IC₅₀ 28.49 μM).

Table 1. Cytotoxic activities against cancer and normal cell lines of the tested compounds.

Compound	IC ₅₀ (μM) *				
	MCF-7	MCF-7/DOX	MCF-7/MX	Caco-2	NIH/3T3
1	43.27 ± 3.91	8.64 ± 0.03	>75	>75	28.49 ± 0.62
2	52.27 ± 1.45	70.42 ± 0.73	66.04 ± 1.04	44.48 ± 0.90	45.51 ± 1.10
3	34.93 ± 1.91	62.78 ± 3.51	70.68 ± 1.19	>75	7.79 ± 0.41
4	52.13 ± 0.11	26.16 ± 0.61	62.13 ± 1.08	>75	4.77 ± 0.40
5	>75	63.91 ± 1.13	>75	>75	16.40 ± 0.21
6	25.97 ± 0.11	11.34 ± 0.83	45.33 ± 1.81	19.16 ± 0.02	2.15 ± 0.11
Doxorubicin	0.81 ± 0.12	19.02 ± 1.35	1.57 ± 0.07	3.09 ± 1.34	5.31 ± 0.59
Mitoxantrone	0.20 ± 1.37	0.61 ± 1.29	10.04 ± 1.54	2.03 ± 1.21	2.06 ± 0.99

*Values are mean ± SD (N = 3).

The SI (SI^{MCF-7/DOX}) was found to be 3.30, which was distinguishable among the values calculated for the isolated compounds and comparable to the values for doxorubicin on MCF-7/MX cells and mitoxantrone on MCF-7/DOX cells (Table 2). Compounds **1** and **6** are 1,4-phenanthrenequinones which are closely structurally related. The only difference in their structures, accountable for the different features of their cytotoxic activity in this assay, concerns the substitution at C-3 on the quinone moiety; **6** contains the methoxy group at this position which is missing in the structure of **1**.

Owing to the considerable cytotoxic activity of the MCF-7/DOX cells, the mechanism of **1**-mediated MCF-7/DOX toxicity was evaluated by using molecular docking. A previous study demonstrated that the cytotoxic naphthoquinone rhinacanthin-C was able to induce apoptosis in MCF-7/DOX cells by suppressing the MAPKs; ERK-1/2, JNK and p-38 pathway and Akt/GSK-3β/Nrf-2 pathway which was involved in the regulation of cellular detoxification by antioxidant enzymes (HO-1 and NQO-1) [21]. Both rhinacanthin-C and **1** have the naphthoquinone moiety attached to an aromatic ring. Due to the structural similarity, **1** might be able to inhibit cell survival mechanisms of MAPKs and Akt/GSK-3β/Nrf-2-mediated HO-1 and NQO-1, leading to cell death. Docking results (Table 3) indicated that in the MAPKs pathway, **1** exhibited the strongest interaction with p-38/MAPKs protein as presented by the lowest binding energy and binding inhibition values of -7.17 kcal/mol and 5.5 μM, respectively. The compound also showed strong interaction with JNK/MAPKs protein, whereas the interaction with ERK-2/MAPKs protein was the weakest. These interactions involved various types of bonding; the observed bonds included van der Waals, pi-alkyl, pi-sigma, pi-sulfur, unfavorable acceptor-acceptor, unfavorable bump, carbon-hydrogen, and conventional hydrogen bonds (Fig. 3).

In Akt/GSK-3β/Nrf-2-mediated HO-1 and NQO-1 pathway, the docking study demonstrated that **1** strongly interacted with the upstream Akt/GSK-3β/Nrf-2 signaling pathway but weakly interacted with HO-1 and NQO-1 proteins. The free binding energy and predicted binding inhibition values of **1** with Akt, GSK-3β, and Nrf-2 proteins ranged from -8.01 to -6.45 kcal/mol and 1.34 to 18.71 μM, respectively. Those of **1** with HO-1 and NQO-1 proteins were found to be -5.22

Table 2. SI of the tested compounds.

Compound	SI			
	MCF-7	MCF-7/DOX	MCF-7/MX	Caco-2
1	0.66	3.30	0.38	0.38
2	0.87	0.65	0.69	1.02
3	0.22	0.12	0.11	0.10
4	0.09	0.18	0.08	0.06
5	0.22	0.26	0.22	0.22
6	0.08	0.19	0.05	0.11
Doxorubicin	6.56	0.28	3.38	1.72
Mitoxantrone	10.30	3.38	0.21	1.01

Table 3. Free binding energy and predicted binding inhibition for interactions between **1** and target proteins.

Target protein	Free binding energy (kcal/mol)	Predicted binding inhibition (μM)
MAPKs pathway		
ERK-2	-6.18	29.67
JNK	-7.03	7.05
p-38	-7.17	5.55
Akt/GSK-3β/Nrf-2 pathway		
Akt	-8.01	1.34
GSK-3β	-6.45	18.71
Nrf-2	-7.18	5.47
Detoxification proteins		
HO-1	-5.22	149.39
NQO-1	-5.81	55.09

and -5.81 kcal/mol, and 149.39 and 55.09 μM, respectively, referring to low binding affinity action. The amino acid residues of the five proteins formed different types of bonds with **1**, including van der Waals, alkyl, pi-alkyl, pi-anion, pi-cation, pi-sigma, pi-pi stacked, pi-pi T-shaped, carbon-hydrogen, and conventional hydrogen bonds (Figs. 4 and 5).

These findings suggested that **1** displayed a higher binding affinity for inhibition with the MAPKs and upstream

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